



Staying Connected:

Elder Abuse Prevention and Awareness News

July 2021

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BE THE SPARK

Steps to take to help make lasting change!

Explain The Why

Take some time to talk about elder abuse prevention and why it is so important

Build Enthusiasm

Make sure that everyone knows your vision and promote it

Identify and Build on Strengths

Know your team, use your team

Open and Honest Communication

Make sure there is a way to share progress and take in feedback throughout the process

Perform a Lessons-Learned

Review

Be willing to take a look back at the strengths and opportunities of the changes made and be willing to change again if necessary.

As we move in to the second year of this newsletter, we will continue to build on the successes of the past year.

This year's theme is "Be The Spark." Over the next year, we will look at ways that we can spark change in our community to help promote elder abuse awareness and local agency coordination.

In an article on how to spark change at work, Forbes magazine (<https://www.forbes.com/sites/jimbarnett/2020/04/07/to-spark-meaningful-change-at-work-start-small/>) identifies four key points when making change: conversations, goal setting, learning and keeping an eye on the prize.

As we attempt to spark changes with the families with work with, the communities we live in and the agencies we work for, always remember that change is hard. The first step that will need to occur is having conversations. The first conversation may be the most difficult that we have, and that is with ourselves. This conversation will establish our willingness to change.

Once we have established our willingness to change, we need to start creating the circumstances necessary for change (also known as goal setting). This includes what changes would be beneficial, gathering the necessary information to support the vision and having conversations with stakeholders (i.e. clients, front-line workers, supervisors,

administrators) to share the vision.

After we have established our vision we have to start changing our mindset as well as the mindset of others. We have all heard the saying, "we have always done it this way." Part of the reason people are afraid to make changes is because there is the potential for failure and potential negative outcomes. We cannot let this mindset stop us, because what if the changes we are suggesting significantly improve the lives of our most vulnerable citizens. Pink once said "dream big, because what if it happens."

As we start promoting our vision we need to make sure that we are controlling our reactions. Not everyone is going to like your ideas, but you have to be willing to respectfully listen to their critiques. Some of these ideas may help you alter your plan to make it more successful. We all have our strengths and weakness, and we have to be willing to learn where those boundaries are and accept help from others that may have skills we do not.

Remember to keep your eye on the prize, and that prize is that our vulnerable adults are free from abuse, neglect and exploitation. We make a difference every day, and we will continue to make a difference. We will find the crack (maltreatment) and we will let the water (services) drip through. We may not be able to move fast, but we will be successful in bringing an end to elder maltreatment.



Bluegrass Elder Abuse Prevention Council

WORLD ELDER ABUSE AWARENESS DAY

Building Strong Support for Elders



Buffalo Trace Elder Abuse Council



Pennyrile Elder Abuse Awareness



Northern Kentucky Elder Maltreatment Alliance



Kentucky River Council Against Maltreatment of Elders



HELLO!



MEET THE TEAM

The Northern Kentucky Elder Maltreatment Alliance (EMA) is a non-profit community group that advocates, educates and provides awareness in the community to prevent elder abuse. EMA is made up of professionals in aging and consumers who have a strong desire to assist in eliminating elder abuse. Current membership includes attorneys, nursing and assisted living facilities, home health agencies, social service agencies, hospitals, colleges and the Area Agency on Aging.

Our mission is to coordinate a community-wide cooperative response to the ethical concerns regarding at-risk older adults, while enhancing supports and education to providers. We serve 8 counties: Boone, Campbell, Carroll, Gallatin, Grant, Kenton, Owen and Pendleton.

The Chairperson of the Elder Maltreatment is Melissa Fisher- Missy has over 25 years of healthcare experience and is currently the Business Development Director &

Operations for Encompass Health Rehabilitation Hospital in Edgewood, Kentucky. Her philanthropic work is extensive and includes charitable work and Board involvement in cancer services, brain injury support, stroke education and cardiovascular care. Missy was nominated and received the commission of Kentucky Colonel by the Governor of Kentucky in 2020. Missy received her bachelor's in Science and Social Work at Western Kentucky University in 1991. She achieved her MBA from Thomas More College as well as her Lean Six Sigma Black Belt Certification from Thomas More.

Our Vice Chairperson is Katie Luning, Katie has been working with the older population since graduating from Bowling Green State University in 1983. She worked in senior housing since 2003 as a Service Coordinator. She is currently with the Brighton Center. Katie's goal is to help people age in place for as long as possible while living in their own home/apartment. Allowing people to remain independent and safe is one of Katie's goals and passions.

For more information, please contact Heather Hopton at 859-283-1885 or heather.hopton@nkadd.org. You may also contact us through the Facebook page.

EMA
Elder Maltreatment Alliance
A community response to at-risk older adults

Difference Between a Statute and an Administrative Regulation

When working with state laws and regulations, it is important to know the difference between a Kentucky Revised Statute and a Kentucky Administrative Regulation. This article explains the main differences between the two requirements.

Kentucky Revised Statutes (KRS) are current state laws that have been passed by the General Assembly (legislature) during the course of a legislative session. The Kentucky legislature meets for thirty (30) days in odd-numbered years and sixty (60) days in even-numbered years, and this is when statutes can be amended. Statutes may also be amended during a Special Session, which can only be called by the Governor to discuss a specific issue that needs to be addressed. In order to amend a statute, legislators have to first file a "bill". Bills are proposed legislation, sponsored by a legislator that have not yet become law. When a bill becomes a law, it is incorporated into the Kentucky Revised Statutes, and the statutes provide the authority (or permission) for state agencies to promulgate (file or develop) administrative regulations.

Kentucky Administrative Regulations (KAR) are procedures promulgated by state agencies that implement, interpret, or prescribe law or policy based on state or federal statutes. Administrative regulations describe the organization, procedure, or practice requirements of state agencies, they can be promulgated anytime throughout the calendar year, and the process takes approximately five (5) to ten (10) months to complete. A state agency must have statutory authority to promulgate an administrative regulation. This means that the state agency has been granted permission, through the broader KRS, to create more specific requirements for regulated entities.

<https://legislature.ky.gov/Pages/index.aspx>

RESOURCES

Thinking Ahead Roadmap
(comprehensive toolkit that guides people to select someone they trust to help manage their finances)

[Click Here](#)

Safely Responding to Mental Health Crises in Adult Protective Services

[Click Here](#)

Resources for Older Adults
(Aging Safely, Legal Support for Older Adults)

[Click Here](#)

How do we know that the ocean is friendly?
It waves!!!

TRAINING

9/3/21 at 8:30—3:30pm, EDT
AppalReD Legal Aid's 2021 Domestic Violence and Elder Abuse Awareness Conference

[Register Here](#)

Online Training (available anytime)
"Learn How to Talk About Elder Abuse"
(use code WEEAD2021 to access for free)
[Access Here](#)