



**Staying Connected:  
Adult Maltreatment Prevention &  
Awareness News**

**August 2022**

Volume 3, No. 2

**THIS IS ME...**

**7 Things You Have to Do  
to Build a Powerful  
Community | Inc.com**

**1.**

**“We Before Me.”**

**2.**

**“Change The Way  
Things Are.”**

**3.**

**“Fail Fast;  
Fail Forward.”**

**4.**

**“Embrace Discomfort.  
The Impossible is Possible.”**

**5.**

**“To Thine Own  
Self Be True.”**

**6.**

**“Luck Is When  
Preparation Meets  
Opportunity.”**

**7.**

**“Embrace A  
Larger Purpose.”**

What makes a strong foundation for our communities?

First, we must understand that we are all part of a community. We can identify our community based on our family, our town, our region, our state, or our country. Although each of these distinctions carry with them unique characteristics, they are all groups of individuals that share something in common.

If one phrase can describe the lofty ambitions of a community, it is “United We Stand, Divided We Fall.” This statement was deemed so important that Kentucky’s first General Assembly incorporated it into the official seal as the motto of Kentucky on December 20<sup>th</sup>, 1792. So as you start to build a foundation for your community, build one that shares the idea that as a community you are going to achieve more as a “we”, than you would as an “I.”

The building of the foundation should be viewed like a living organism, one that will need to be fed and nurtured throughout its existence. Unlike the building of a house, where it is important to get the foundation set right prior to raising the walls, it is not important to get your foundation perfect from the start. This means that as you move forward you may have to reinforce your foundation with changes in membership as new individuals join and others move on to other opportunities.

Just like the changes that we have seen in our society over the past 100 years, we expect there to be changes to our foundation. Some of these changes will be big and some will be small and incremental in nature. Do not be scared of making these changes. Use the combined knowledge of your foundation to identify the areas of opportunities and identify the solutions to strengthen your foundation.

As the foundation of your community expands, remember not to lose sight of the long-term vision and your unique role as a piece of that foundation. As we all grow we must also maintain our authenticity of self.

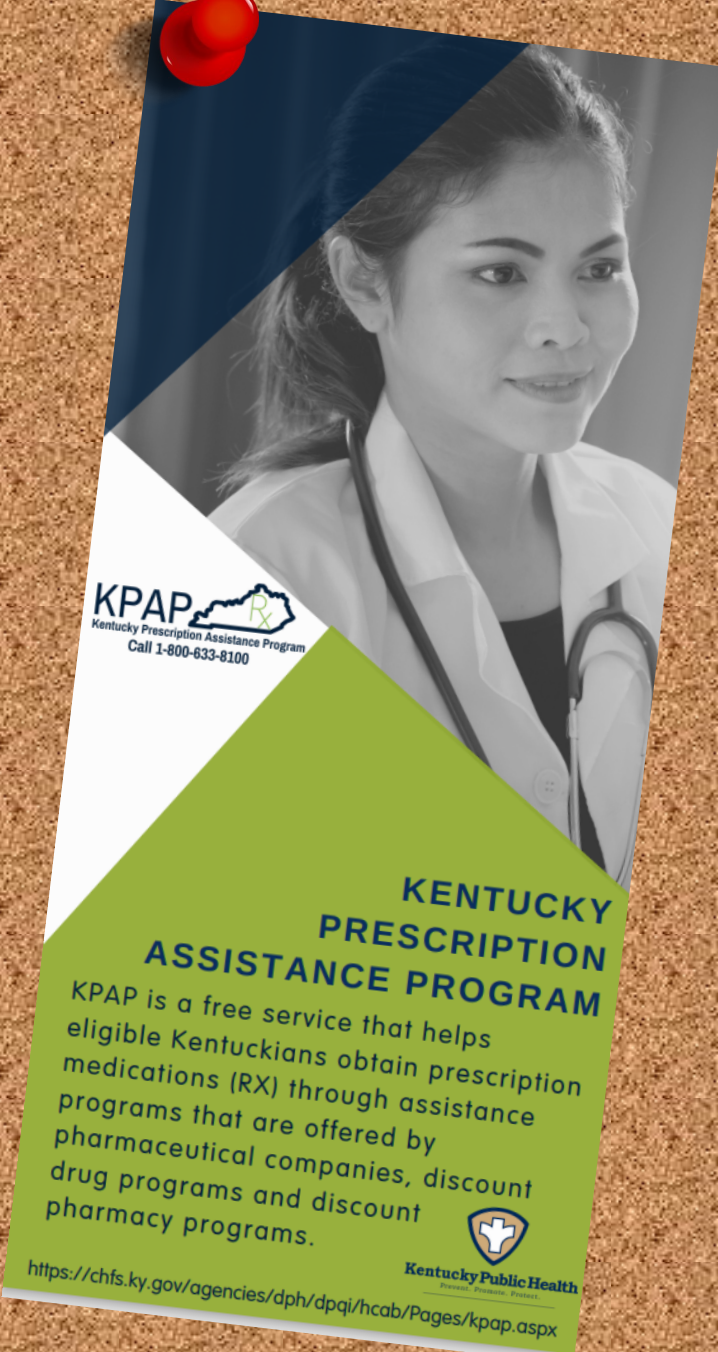
So for instance, if you were selected as a part of the foundation because you are a straight talker, but you start talking in code, the community will notice the inconsistency. Inconsistencies will lead to cracks in the foundation and the confidence from the community at large will be diminished.

Eventually all foundations end up with cracks. By tending to the cracks before they become fissures, we provide reinforcement and strength that is necessary to continue moving towards the vision.

As a community we will help to build, maintain and strengthen the foundation. A foundation that will provide the support necessary for our prevention fire to light the way out of adult maltreatment.

**Eastern Kentucky Flood Relief Resources**

**Flood Resources - Kentucky Governor Andy Beshear  
Team Eastern Kentucky Flood Relief Fund  
How to Help Eastern Kentucky | FEMA.gov  
Flood Response | Kentucky | Red Cross**



**KPAP**  
Kentucky Prescription Assistance Program  
Call 1-800-633-8100

## KENTUCKY PRESCRIPTION ASSISTANCE PROGRAM

KPAP is a free service that helps eligible Kentuckians obtain prescription medications (RX) through assistance programs that are offered by pharmaceutical companies, discount drug programs and discount pharmacy programs.



Kentucky Public Health  
Prevent. Promote. Protect.

<https://chfs.ky.gov/agencies/dph/dpqi/hcab/Pages/kpap.aspx>

Kentucky Prescription Assistance Program  
1-800-633-8100

FOR \_\_\_\_\_

ADDRESS \_\_\_\_\_

DATE \_\_\_\_\_

# Rx

**KENTUCKIANS WHO CANNOT AFFORD THEIR PRESCRIPTION MEDICATION ARE ELIGIBLE FOR ASSISTANCE IN ACCESSING FREE OR REDUCED COST MEDICATIONS FROM DRUG MANUFACTURERS AND OTHER PHARMACY DISCOUNT PROGRAMS. CONTACT 1-800-633-8100 TO SEE IF YOU QUALIFY.**



Kentucky Public Health  
Prevent. Promote. Protect.

**ANYONE CAN TALK WITH A KPAP ADVOCATE TO SEE IF THEY ARE ELIGIBLE FOR ASSISTANCE.**

**KPAP**  
Kentucky Prescription Assistance Program

## ✓ ELIGIBILITY

Eligibility is based on income guidelines set by drug manufacturers. KPAP offers free consultation and resources to Kentuckians.

You may qualify if you:

- Have Medicare Part D and still need help with prescription costs,
- Have health insurance but it does not cover full cost of your prescriptions, or
- Are in the Medicare "donut hole".



## HOW WE HELP:

- KPAP uses high-tech, high-touch technology to access existing prescription assistance programs. This reduces paperwork and streamlines the process.
- KPAP trains and supports volunteers from settings including health facilities, social services, faith based organizations and others who would like to use KPAP to assist people with access.



**CALL TO VOLUNTEER OR  
RECEIVE PRESCRIPTION HELP!**

**KPAP Hotline: 1-800-633-8100  
Open Monday through Friday from  
7:30am to 5pm EST**

Kentucky Prescription Assistance Program  
1-800-633-8100

FOR \_\_\_\_\_

ADDRESS \_\_\_\_\_

DATE \_\_\_\_\_

# Rx

**For more information visit  
Prescription Assistance Program -  
Cabinet for Health and Family Services  
(ky.gov)**



Kentucky Public Health  
Prevent. Promote. Protect.

**KPAP**  
Kentucky Prescription Assistance Program



# This is me...

*Jennifer Schworm, MSW  
SRAA, APS/CPS  
Northeastern Service Region*

Protection of vulnerable adults is a shared responsibility that rests with multiple agencies and community members. As part of a prominent agency in the fight to protect vulnerable adults, the Department for Community Based Services, I have the privilege of working closely with our Adult Protective Services (APS) staff. I am a Service Region Administrative Associate (SRAA) within the Northeastern Service Region (NESR). My role is to provide support and guidance to the APS supervisor, Brittany Barker, and her staff who cover 15 counties; I also provide support and guidance for six Child Protective Services (CPS) counties.

As a social worker, I have a strong advocacy spirit for vulnerable individuals. The opportunity to protect and help others drew me to this line of work over 20 years ago. When I began my career with DCBS as a frontline worker, I was primarily a CPS worker, but I was assigned APS cases, too. CPS and APS casework is complex and vastly different from each other, so I was very pleased when DCBS created APS teams. The creation of APS teams allowed staff to focus on vulnerable adults and resulted in the development of consistent practices specifically for APS clients.

I'm also a strong advocate for frontline staff. I firmly believe leaders are responsible to take care of their staff. Not only does this allow staff to feel seen and valued, but it also encourages staff to focus on quality service provision. A huge part of taking care of staff is to encourage and model a healthy work/personal life balance. Helping professionals often become entrenched in the work and have a hard time turning off. I love the coaching and mentoring piece of my job, especially when it deals with self-care and boundaries. I advise staff to check emails and answer their work phones only during business hours or when on-call. Protecting staff's family life is critically important if we want our staff to remain healthy as helping professionals.

In closing, one of my favorite parts of the job is collaboration and working directly with staff. I thoroughly enjoy the meetings where various staff, with various perspectives, come together to discuss issues and barriers. Amazing solutions emerge from these meetings because we engage in creative problem solving and critical thinking. APS work is incredibly important and the NESR APS team is full of bright and dedicated staff who genuinely care about vulnerable adults. Whether they're completing investigations in the field, coordinating services with community partners, or providing guidance to help vulnerable foster children transition into adulthood, the APS team is highly committed to clients. I am confident that vulnerable adults in the NESR are in good hands with the APS team!

## Defining Words! How do we communicate?

Now that we have established that the definition of adult begins with an individual being 18 years of age or older, we move on to the other three pieces.

The next statement of the definition deals with mental or physical dysfunction. This is not just a diagnosis provided by a medical or mental health professional. It is a diagnosis, or suspicion of a diagnosis, that impairs their cognition, behaviors or emotions.

There are times when someone has a mental or physical diagnosis that is being managed through medication or treatment and therefore would not be impairing their abilities cognition, behaviors or emotions.

The definition also states that because of this mental or physical dysfunction the individual is unable:

- to manage resources,
- carry out activities of daily living,
- or protect from neglect, exploitation, or a hazardous or abusive situation without assistance from others.

This part of the definition focuses on tying the functional inability of the individual to their mental or physical dysfunction.

One way to look at this is through the lens of self-determination. Take an individual with paraplegia that is living in substandard conditions but has their cognitive abilities intact and is able to meet their basic needs. Although it is concerning, there is no information being provided that would show that the individual is not capable of managing resource, complete activities of daily living or protect themselves.

The last part of the definition is that the individual may be in need of protective services. This piece of the definition is usually a given, as many of us could use someone to help protect us at some point in our lives.



**RISE: A conceptual Model of Integrated and Restorative Elder Abuse Intervention**

[Click Here](#)

**Blame and Shame in the Context of Financial Fraud**

[Click Here](#)

**Factors shaping the global political priority of addressing elder abuse: a qualitative policy analysis**

[Click Here](#)

## Why do bananas use sun screen?

**Because they peel!**



11/2/22 9:00am—4:00pm  
Department for Aging and Independent Living presents the 2022 Kentucky Senior Hunger Summit

[Register Here](#)